

Now with Garra Fish Foot Spa

pamper packages

The Vitality Experience

Unwind with back, neck and shoulder massage, followed by an hour long customised Thalgo facial and finish off with a choice of a manicure or pedicure.

3hrs - £80

Vitality 2 for 1

Two people, one room. An ideal package for friends, mother and daughter or partners to share the experience. Start your relaxing head to toe treatment with an hour long full body massage, followed by a Thalgo one hour customised facial treatment.

2hrs (2 for 1) - £150

Vitality Holiday Retreat

Total preparation for that long awaited holiday starting with an eyelash tint followed by a pedicure and 1/2 leg, bikini & under arm wax to complete this treatment.

* patch test required for eyelash tint at least 24hrs prior to treatment.

2hrs - £60

Note: A 50% deposit will be required for all packages at the time of booking. If our set packages do not specifically meet your needs please contact us direct to personalise one just for you.

booking conditions and useful information

Please arrive at least 15 minutes before the scheduled start of your treatment.

A 50% cancellation charge will be incurred for any treatment(s) not cancelled at least 24 hours prior to the appointment.

Some treatments require a patch test 24hrs before. You will be advised at the time of booking.

To aid in relaxation of the salon and your treatment we request no use of mobile phones (except in emergencies).

Personal details are taken during consultations to ensure your treatments are individually specialised. This information is never shared and will be treated in the strictest confidence.

Gift vouchers and retail products are also available.

opening times

Monday.....	9.30am - 5.00pm
Tuesday.....	9.30am - 8.00pm
Wednesday.....	9.30am - 8.00pm
Thursday.....	9.30am - 8.00pm
Friday.....	9.30am - 8.00pm
Saturday.....	9.30am - 5.00pm

about the owners

Sharon and Claire share over 20 years experience in the beauty industry working in salons and teaching. All members of the Vitality team hold a wide range of specialised qualifications including VTCT, City & Guilds and CIDESCO.

contact details

Vitality Face and Body Therapies,
Ground Floor, 103 Alexandra Road,
St Austell, PL25 4QL

enquiries@vitalityfaceandbody.co.uk
www.vitalityfaceandbody.co.uk

Vitality

face & body therapies

beauty price list



Tel: 01726 71333

Off road parking is available for all our clients



face

Face Perfector Treatments

Face Perfector – ‘The knifeless face lift’..... 1hr - £38
Perfector microcurrent offers the first real alternative to cosmetic surgery, reduces fine lines and wrinkles, lifts jowels and cheeks and improves skin condition, defining facial contours. Most people see a difference even after the first treatment. Course of 12 treatments recommended - £400

Thalgo Facial Treatments

Organic Facial by Thalgo..... 1hr 15 mins - £52
A truly relaxing 3 step treatment including a back massage. Using all organic products and essential oils for all skin types, giving unrivalled softness and radiance to the skin.

Purity Ritual facial.....30 mins - £22
An express facial that is an excellent introduction to the Thalgo facial range to include cleanse, tone, exfoliation and mask.

Vitality Relaxing Facial..... 1hr - £38
Treatment begins with a relaxing massage to the back, neck and shoulders followed by a customised facial to suit your skin. Facial includes deep cleanse, skin toning, gentle relaxing facial and scalp massage.

Hydra Moisture Source treatment..... 1hr - £48
Suitable for all skin types this facial will improve signs of dehydration, leaving the skin softer, with improved skin texture.

Oxygen facial..... 1hr - £44
An intensive treatment for a dull, polluted, sluggish or stressed skin. This facial increases oxygen absorption for a brighter and clearer skin.

Extreme Comfort facial..... 1hr - £ 44
A specific treatment targeting a dry/very dry skin using high performance ingredients. This treatment will help to restore moisture while giving back comfort and radiance.

Cold Marine Facial..... 1hr - £48
This treatment is haven of relaxation for all types of sensitive skin. Decongests and visibly reduces redness, leaving a fresh and luminous complexion.

Rebalancing facial..... 1hr - £44
This is an intensive treatment for an oily/combination skin. Deep cleansing and purifying. Promotes clearer skin, with a tighter skin surface and less visible pores.

Ocean Treatment Facial for Men..... 1hr - £45
This facial gives an anti ageing, anti fatigue and energising facial.

body

Thalgo Marine Gel toning body wrap..... 1hr - £55
This treatment reduces cellulite, eliminates toxins, remineralises and firms slack skin tissue. Includes a full body exfoliation and body moisturisation.

Thalgo body exfoliation and moisturisation.....30mins - £28
Full body treatment using a range of Thalgo products.

Back, neck and shoulder massage.....30mins - £23
Deep relaxing massage working on areas of tension and stress.

Full body massage.....1hr 15min - £40
Relax and unwind with our full body massage including face and scalp.

Deep Tissue massage.....from £28
A deep and invigorating massage, adapted to the individual clients needs using specialised techniques where required. Discussed at consultation.

Hot Stone body massage..... 1hr - £55
Using essential oils designed to relax and relieve stress with hot volcanic stones that loosen key tension areas. Let the sea and scences send you into a deep state of relaxation.

Indian Head massage.....30mins - £23
A use of specialised massage techniques to the head, neck, back and shoulders with the client in a comfortable seated position.

Pregnancy massage..... 1hr - £38
This specialised treatment can help alleviate the aches and pains associated with pregnancy and bring a sense of relaxation (Can only be performed between 12 and 38 weeks).

tanning

Full body Sudo spray tan..... £20

Half body Sudo spray tan..... £15

Full body exfoliation and Sudo spray tan..... £40

Top-Up Tan (within 10 days of initial treatment)..... £15
Please wear dark, loose clothing. No perfume products applied prior to treatments. Please try to exfoliate 12-24 hrs before treatment.

specialised treatments

Electrolysis - The only permanent medically approved method of removing unwanted hair, using a pre sterilised needle for each treatment.

Initial consultation & patch test..... Free

5 minutes.....£6

10 minutes.....£12

15 minutes.....£15

20 minutes.....£18

Red vein removal (face only - no patch test required).....30mins - £30

eyes

Eyelash Extensions full set *..... £60

Eyelash Extensions Infills..... £25

For most effective results clients are advised to have an eyelash tint prior to eyelash extensions. Infills are required every 2-3 weeks.

Eyelash tint *..... 15mins - £9.50

Eyebrow tint *..... 15mins - £7.50

EyeLash & Eyebrow tint *.....30mins - £15

Eyebrow tidy..... 15mins - £6

Eyelash perming *..... 1hr - £30
Semi permanent curl to the lashes, that lasts up to six weeks this treatment includes a complimentary eyelash tint.

*Patch test required at least 24hrs prior to first treatment.

hands and feet

Garra Fish Foot Spa..... 20mins - £10 or 40mins - £18
Let these little fish gently suck the dead skin from your feet, revitalizing and healing, encouraging new skin growth. We have 2 tanks - bring your friend or partner! Why not add a foot massage or file and paint to your Garra treatment...or both? Visit our website for further information.

Nail Extensions (Entity Acrylic Natural or White tips).....£38

Individual Nails..... £3

Rebalancing / Infills..... £25

Recommended every 2 weeks.

Removal of Nails.....£15

Minx Nails full set (toes only)..... £20

Minx Nails full set with Pedicure.....£35

Manicure..... 1hr - £20

Deluxe Manicure..... 1hr 15mins - £28

Pedicure..... 1hr - £26

Deluxe Pedicure..... 1hr 15mins - £34

File & Paint.....30mins - £12

French Manicure finish..... extra 15mins - £3
Deluxe treatments include a warm luxurious paraffin wax treatment that makes skin softer and smoother also aids the relief of arthritis and tension.

waxing

Full leg.....45 mins - £22

Full leg / Bikini..... 1hr - £24

1/2 leg.....30mins - £16

3/4 leg.....40mins - £18

Underarm..... 15 mins - £9

1/2 leg / Bikini or Underarm.....30mins - £22

Back /Chest..... 15mins - from £10

Forearm..... 15mins - £10

Upper lip..... 10mins - £7

Chin..... 10mins - £7

Lip & Chin..... 15mins - £12

Eyebrows..... 10mins - £7

Bikini..... 10mins - £9

Intimate Waxing (Ladies Only)

Brazilian..... 15mins - £16

Brazilian and 1/2 leg.....45mins - £28

Las Vegas.....30mins - £20

Hollywood.....30mins - £22

makeup

Special Occasion.....30mins - £28

Make-up lesson..... 1 hr - £35

Bridal Practice & day (at salon).....£50

Bridal Practice & day (at home).....£65 + travel

Our treatments are using the innovative, original skincare Coleur Caramel make-up range, combining 100% natural ingredients and up to date technologies that respect the environment while bringing you total comfort and full satisfaction. Make-up products are also available to purchase.