

pamper packages

The Vitality Experience

Unwind with back, neck and shoulder massage, followed by an hour long customised Thalgo facial and finish off with a choice of a manicure or pedicure.

2hrs 30mins - £70

Vitality 2 for 1

Two people, one room. An ideal package for friends, mother and daughter or partners to share the experience. Start your relaxing head to toe treatment with an hour long full body massage, followed by a Thalgo one hour customised facial treatment.

2hrs (2 for 1) - £130

Vitality Holiday Retreat

Total preparation for that long awaited holiday starting with an eyelash tint followed by a pedicure and 1/2 leg, bikini & under arm wax to complete this treatment.

* patch test required for eyelash tint at least 24hrs prior to treatment.

2hrs - £55

Note: A 50% deposit will be required for all packages at the time of booking. If out set out packages do not specifically meet your needs please contact us direct to personalise one just for you.

booking conditions and useful information

Please arrive at least 15 minutes before the scheduled start of your treatment.

A 50% cancellation charge will be incurred for any treatment(s) not cancelled at least 24 hours prior to the appointment.

Some treatments require a patch test 24hrs before. You will be advised at the time of booking.

To aid in relaxation of the salon and your treatment we request no use of mobile phones (except in emergencies).

Minimum age for treatments - 16yrs.

Personal details are taken during consultations to ensure your treatments are individually specialised. This information is never shared and will be treated in the strictest confidence.

All prices are inclusive of VAT at 17.5% & are subject to change without prior notice. All forms of payment are accepted.

Gift vouchers and retail products are also available.

opening times

Monday.....	9.30am - 6.00pm
Tuesday.....	9.30am - 6.00pm
Wednesday.....	9.30am - 8.00pm
Thursday.....	9.30am - 8.00pm
Friday.....	9.30am - 8.00pm
Saturday.....	9.30am - 5.00pm
Sunday.....	10.00am - 4.00pm

about the owners

Sharon and Claire share over 20 years experience in the beauty industry working in salons and teaching. They both hold a wide range of specialised qualifications including VTCT, City & Guilds and CIDESCO.

contact details

Address: **Vitality Face and Body Therapies,
Ground Floor, 103 Alexandra Road,
St Austell, PL25 4QL**

Email: enquiries@vitalityfaceandbody.co.uk

Website: www.vitalityfaceandbody.co.uk



vitality
face & body therapies

price list

Telephone: 01726 71333
Off road parking is available for all our clients

face

Face Perfector Treatments

Face Perfector – ‘The knifeless face lift’..... 1hr - £35
Perfector microcurrent offers the first real alternative to cosmetic surgery, reduces fine lines and wrinkles, lift jowls and cheeks and improves skin condition, defining facial contours. Most people see a difference even after the first treatment. Course of 12 treatments recommended - £385

Skin enhancement..... 1hr - £35
Relaxing hour long facial recommended as a preventative anti ageing treatment. This treatment is developed to refine pores, detoxify and leave the skin softer, smoother and brighter.

Purikiss Lymphatic Drainage..... 1hr - £35
A new three phase treatment developed to remove impurities, purify the skin and decongest the lymph system. This treatment will tighten blocked pores, reduce puffy/swollen areas, loosen toxins and impurities.

Thalgo Facial Treatments

Purity Ritual facial..... 30 mins - £30
An express facial that is an excellent introduction to the Thalgo facial range or for clients with a busy lifestyle.

Rebalancing facial..... 1hr - £40
This is an intensive treatment for an oily/combo skin. Deep cleansing and purifying. Promotes clearer skin, with a tighter skin surface and less visible pores.

Hydra Moisture Source treatment..... 1hr - £45
Suitable for all skin types this facial will improve signs of dehydration, leaving the skin softer, with improved skin texture.

Oxygen facial..... 1hr - £40
An intensive treatment for a dull, polluted, sluggish or stressed skin. This facial increases oxygen absorption for a brighter and clearer skin.

Extra Comfort facial..... 1hr - £40
A specific treatment targeting a dry/very dry skin using high performance ingredients. This treatment will help to restore moisture while giving back comfort and radiance.

Extra Comfort eyes..... 45mins - £30
Intensive treatment for dehydration lines, congestion, puffiness, and dark circles. Has a lifting and nourishing effect.

Cold Marine Facial..... 1hr - £45
This treatment is a haven of relaxation for all types of sensitive skin. Decongests and visibly reduces redness, leaving a fresh and luminous complexion.

Collagen Velvet Facial..... 1hr - £55
A luxurious treatment for moisture deficiency, fine lines and wrinkles. Ideal for sun damaged and dehydrated skin types. The ultimate pampering treatment with instant results. This treatment can also be targeted to specific areas of concern to enhance the results.

Collagen Velvet Face & Eye..... 1hr - £65
Collagen Velvet Face, Eye & Neck..... 1hr - £70
Collagen Velvet Face, Eye, Neck & Lip..... 1hr 15min - £75

Ocean Treatment Facial for Men..... 1hr - £45
This facial gives an anti ageing, anti fatigue and energising facial.

body

Thalgo Body Treatments

Thalgomince contouring wrap..... 1hr - £50
An intensive treatment for the hip, thigh and buttock area. This treatment smoothes and reshapes the body contours. Course of treatments recommended for maximum results.

Thalgomince pregnancy pamper treatment..... 1hr - £50
An intensive skin conditioning treatment to help prepare for pregnancy by enriching the skin with marine extracts and vitamin E. This treatment can be used throughout pregnancy (after 3months) to improve the skin's natural elasticity and lessen the appearance of stretch marks. Course of treatments recommended for maximum results.

Toning Body Wrap..... 1hr - £50
This treatment reduces cellulite, eliminates toxins, remineralises and firms slack skin tissue.

Massage treatments

Back, neck and shoulder massage..... 30mins - £20
Deep relaxing massage working on areas of tension and stress.

Full body massage..... 1hr - £35
Relax and unwind with our full body massage including face and scalp.

Remedial /Deep Tissue Massage..... 1hr - £40
A deep and invigorating massage, adapted to the client's needs using specialised techniques where required.

Hot Stone Massage..... 1hr - £50
A deeper massage using hot and cold stones working on areas of tension

Indian Head Massage..... 30mins - £20
A use of specialised massage techniques to the head, neck, back and shoulders with the client in a comfortable seated position.

specialised treatments

Electrolysis - The only permanent medically approved method of removing unwanted hair, using a pre sterilised needle for each treatment.
Initial consultation & patch test..... Free
5 minutes..... £5
10 minutes..... £8
15 minutes..... £10
20 minutes..... £12

Red vein removal..... 30mins - £25

eyes

Patch test required at least 24hrs prior to first treatment.

Eyelash tint..... 15mins - £8
Eyebrow tint..... 15mins - £6
Eyebrow shape..... 15mins - £7
Eyebrow tidy..... 15mins - £5
Eyelash perming..... 1hr - £25
Semi permanent curl to the lashes, that lasts up to six weeks this treatment includes a complimentary eyelash tint.

hands and feet

Thalgo products are used for manicure / pedicure treatments
Manicure..... 45mins - £16
Deluxe Manicure..... 1hr - £22
Pedicure..... 1hr - £24
Deluxe Pedicure..... 1hr 15mins - £30
File & Paint..... 20mins - £10
French Manicure finish..... extra 15mins - £5
Delux treatments include a warm luxurious paraffin wax treatment that makes skin softer and smoother and also aids the relief of arthritis and tension.

waxing

Full leg..... 45 mins - £20
Full leg / bikini..... 45mins - £22
1/2 leg..... 30mins - £15
3/4 leg..... 40mins - £18
Underarm..... 15 mins - £8
Back /Chest..... 15mins - from £10
Forearm..... 15mins - £8
Upper lip..... 10mins - £6
Chin..... 10mins - £6
Lip & Chin..... 15mins - £10
Eyebrows..... 10mins - £6
Bikini..... 10mins - £8
Brazilian..... 15 mins - £15
Hollywood..... 30 mins - £20

makeup

Special Occasion..... 30 mins - £25
Make-up lesson..... 1 hr - £30
Bridal Practice & day (at salon)..... £45
Bridal Practice & day (at home)..... £60 + travel
Our treatments are using the innovative, original skincare Coleur Caramel make-up range, that combines 100% natural ingredient and up to date technologies that respect the environment while bringing you total comfort and full satisfaction. Make-up products are also available for purchase.